

December

2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3	4 AquaFit – 11am - 12noon Folk Dance – 3:30pm – 4:30pm	5 Staff Meeting – 10am Soca fit – 11am – 12pm Art – 2pm -4pm	6 AquaFit – 11am - 12noon Line Dance – 4pm – 5pm	7 Computer – Beg. – 10am – 12noon Computer – Inter –4pm – 5:30pm Zumba – 4pm – 5pm	8 Holiday Luncheon at 12pm Casa Grecque, 7218 Newman BLVD, Lasalle, QC, H8N 1X2	9
10	11 AquaFit – 11am - 12noon Folk Dance – 3:30pm – 4:30pm	12 Staff Meeting – 10am Soca fit – 11am – 12pm Art – 2pm -4pm	13 AquaFit – 11am - 12noon Line Dance – 4pm – 5pm Meals on Wheels	14 Computer – Beg. – 10am – 12noon Computer – Inter –4pm – 5:30pm Zumba – 4pm – 5pm	15 Bowling with LCCHS at Quilles Bowling, Shevchenko– 10am Fun Friday & Handicraft - 10am - 2pm AquaFit – 11am - 12noon	16
17	18 No Activity at the Center. Registration of Winter activities ongoing -9am - 5pm	19 Soca fit with LCCHS (open all members) – 11am – 12pm at LCCHS Gym	20 No Activity at the Center. Registration of Winter activities ongoing -9am - 5pm	21 No Activity at the Center. Registration of Winter activities ongoing -9am -5pm	22 No Activity at the Center. Registration of Winter activities ongoing - 9am -12pm (Half Day)	23
24	25 Office Closed	26 Office Closed	27 Office Closed	28 Office Closed	29 Office Closed	30
31						