

April

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4 Staff Meeting - 10:30am Chair Yoga - 10:30am	5 Easter Festival & Hat Parade - 11am to 4pm	6 Computer - Beg. - 10am Zumba - 4pm Computer - Inter - 4:00pm	7 Office Closed	8
9 Office Closed	10	11 Staff Meeting - 10:30am Chair Yoga - 10:30am	12 Movie Matinee - 1pm	13 Computer - Beg. - 10am Zumba - 4pm Computer - Inter - 4:00pm	14 Fun Friday - 10am Handicraft Workshop on Roles & Responsibilities of Board Members - 11am	15
16 Folk Dance - 11am Volunteering Week/Day	17	18 Staff Meeting - 10:30am Chair Yoga - 10:30am	19 Presentation on Arthritis - 11am Movie Matinee - 1pm Line Dance - 4pm	20 Computer - Beg. - 10am Sugaring Off - 10:45 Zumba - 4pm Computer - Inter - 4:00pm	21 Fun Friday - 10am Handicraft	22
23 Folk Dance - 11am	24	25 Staff Meeting - 10:30am Chair Yoga - 10:30am	26 Movie Matinee - 1pm Line Dance - 4pm	27 Community Lunch - 1pm - 4pm Zumba - 4pm	28 Fun Friday - 10am Handicraft	29
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